



PARTICIPANT INFORMATION FOR RESEARCH PROJECT

Eating disorder care transitions: Health care practitioner perspectives

Full Title	Supporting patients with medically compromised eating disorders: a co-designed investigation into a support system for those returning home
Ethics Reference N°	HREC/2022/MNHB/91333
Chief Investigator	Dr Kylie Matthews-Rensch PhD, A/Research Coordinator
Associate Investigators	Dr Adrienne Young PhD Research Coordinator, Amy Hannigan QuEDS, Amanda Davis QuEDS, Rea Nolan QuEDS, Lisa Jones consumer representative
Location	Royal Brisbane and Women's Hospital

You are invited to take part in this research project.

You are invited to take part in this research project as you are involved in the treatment of patients with an eating disorder. We are interested in better understanding your experience of the transition for patients from acute care who are discharged straight home. If you would like to keep a copy of this Information Sheet, please ensure you download a copy and save it.

What is the purpose of this study?

Providing patient-centred care is of the utmost importance to clinicians, and the Royal Brisbane and Women's Hospital always aims to offer the best care possible. The purpose of this study is to improve our understanding of health practitioner experience in the transition of care between hospital care and home. Limited research has been conducted regarding staff experience of this transition and the research team are keen to both improve this experience and to design a support system model if this is perceived to be of benefit.

What will it involve for me?

Participation in this project will involve the completion of one survey, approximately 10 minutes in length.

How will this study help me?

We cannot guarantee that you will personally receive any benefits from this research; however, the information you provide us will be used to improve the transition experience we provide nationally to patients in the future.

Is there any harm to me taking part?

Risks of participating in this study are minimal, there is only the inconvenience of completing the survey. Your participation is voluntary, and you are free to withdraw from the project at any time. If you would like to withdraw, please contact the lead researcher, Kylie Matthews-Rensch at kylie.matthews@health.qld.gov.au. Submission of a completed survey indicates consent to participate.

What happens when the study ends?

You will receive a summary of the study findings if you consent to being contacted and provide your contact details.

All information obtained for this project will remain confidential, be kept in a password-protected file for 5 years, and then destroyed. When we present or publish our study, it will only contain information about the staffing group as a whole so that no individual staff member could be

Participant will need to download a copy of this Consent Form if they would like to keep it



identified. Deidentified direct quotes may be used as examples in reporting, for example: “I find the transition process difficult” – Nursing 1.

Who is organising and funding the research?

The study team is led by Dr Kylie Matthews-Rensch PhD, an experienced researcher in the care of patients with eating disorders. Kylie is employed by the Nutrition and Foodservices department at the Royal Brisbane and Women’s Hospital. Information will be collected and analysed by her, with assistance from the research team.

This study is funded by a grant from the Australian Eating Disorder Research and Translation Centre.

Further information and who to contact

If you would like any further information on this study you may contact Dr Kylie Matthews-Rensch (by email on kylie.matthews@health.qld.gov.au or by phone 3646 8268).

Who has reviewed the study?

All research in Australia involving humans is reviewed by an independent group of people called a Human Research Ethics Committee (HREC). The ethical aspects of this research project have been approved by the Metro North Health HREC B (HREC/2022/MNHB/91333).

This project will be carried out according to the *National Statement on Ethical Conduct in Human Research (2007)*. This statement has been developed to protect the interests of people who agree to participate in human research studies.

If you have any complaints about any aspect of the project, the way it is being conducted or any questions about being a research participant in general, then you may contact:

Reviewing HREC approving this research and HREC Executive Officer details

Reviewing HREC name	Metro North Health HREC B
Telephone	07 3646 5280
Email	MetroNorthResearch-Ethics@health.qld.gov.au

Complaints contact person

Name	MNHHS Research Governance Manager
Telephone	07 3647 9550
Email	MetroNorthResearch-RGO@health.qld.gov.au

Survey link

Please click this link to be taken to the survey:

<https://redcap.health.qld.gov.au/surveys/?s=PTE8CDRX7FHE79YA>

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PARTICIPANT WITHDRAWAL OF CONSENT FORM FOR RESEARCH PROJECT

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WITHDRAWAL OF CONSENT

I hereby wish to WITHDRAW my intent to participate further in the above research project and understand that such withdrawal will not jeopardise any future dealings with the research team.

Participant's Name (printed)

Signature (Chief Investigator to sign on behalf of a participant if notification via email re: withdrawal has been given)

Date

I **DO** / **DO NOT** (please circle) consent to my data remaining in the study.

Participant's Name (printed)

Signature

Date

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